



European Code of Smoke Free Healthcare Service

1. Engage decision-makers. Appoint a working group and reject tobacco industry sponsorship.
2. Develop a strategy and an implementation plan. Inform all personnel, patients/residents and the community.
3. Set up a training plan to instruct all staff on how best to approach smokers.
4. Organise cessation support facilities for patients/residents in the organisation and ensure continuity of support after discharge.
5. Develop the organizations campus (grounds) to be smoke free. If smoking areas remain, they should be clearly indicated.
6. Display clear smoke free signage. Ban all incentives to smoke.
7. Develop human resource management policies and support systems to protect and promote the health of all that work in the organisation.
8. Promote tobacco control activities in the community setting.
9. Renew and broaden information to maintain commitment to the policy. Ensure follow-up and quality assurance.
10. First convince, then constrain considering legislation if needed. Have patience!